

**Washington Spirit Super Y Teams**

In the summer, the Washington Spirit fields girls teams in Maryland and Virginia to compete in the USL Super-Y League U10, U11, U12, U13, U14, U16, U18 age groups.

The Super Y program operates with a primary function of improving each player’s technical ability and understanding of working in a team environment. Our goal is that players returning to their club teams after participating in our program will be better in all aspects of the game, and that they will be inspired and motivated from their experience in the Spirit program to continue developing their skills and play to their fullest.

Tryouts are taking place between December 2015 through March 2016.

February 5 – 7-8 PM at SoccerPlex (U12-13)

February 12 – 7-8 PM at SoccerPlex (U14-18)

February 19 – 7-8 PM at SoccerPlex (U14-18)

February 24– 6-7 PM at at nZone, Chantilly, VA (U10-13)

February 24 – 7-8 PM at nZone, Chantilly, VA (U14-18)

March 2 – 6-7 PM at nZone, Chantilly, VA (U10-13)

March 2 – 7-8 PM at nZone, Chantilly, VA (U14-18)

March 5 – 2-3 PM at Wheaton Sports Pavilion (U10-13)

March 5 – 3-4 PM at Wheaton Sports Pavilion (U14-18)

March 8 – 5-6 PM at Dulles Sportsplex, Sterling, VA (U10-13)

March 8 – 6-7 PM at Dulles Sportsplex, Sterling, VA (U14-18)

March 12 – 2-3 PM at Wheaton Sports Pavilion (U10-13)

March 12 – 3-4 PM at Wheaton Sports Pavilion (U14-18)

March 15 – 5-6 PM at Dulles Sportsplex, Sterling, VA (U10-13)

March 15 – 6-7 PM at Dulles Sportsplex, Sterling, VA (U14-18)

March 19 – 2-3 PM at Wheaton Sports Pavilion (U10-13)

March 19 – 3-4 PM at Wheaton Sports Pavilion (U14-18)

March 22 – 5-6 PM at Dulles Sportsplex, Sterling, VA (U10-13)

March 22 – 6-7 PM at Dulles Sportsplex, Sterling, VA (U14-18)

March 29 – 5-6 PM at Dulles Sportsplex, Sterling, VA (U10-13)

March 29 – 6-7 PM at Dulles Sportsplex, Sterling, VA (U14-18)

For more information and for tryout dates visit <http://washingtonspirit.com/super-y/>

To register for tryouts visit <http://washingtonspirit.com/summer-programs/>

**Contact for Winter and Summer Programs:** [SpiritAcademyMD@washingtonspirit.com](mailto:SpiritAcademyMD@washingtonspirit.com)