



CABIN JOHN MIDDLE SCHOOL AND FLEX ACADEMIES

**SPRING AFTER SCHOOL
ACTIVITIES PROGRAM**

SPRING SESSION: APR 1 - MAY 31

JUNIOR CEOS (Grades: 6 - 8)

How cool would it be for you to be the CEO of Apple or Tesla for a day? In this leadership class, you can! Students act as CEOs for leading companies and work in groups to make strategic recommendations to address real business issues. Students enhance their problem-solving skills, develop business savvy and cultivate a strategic mindset as future leaders. Case studies include: • Apple: How to expand the iPhone in China • Under Armour: How to compete with Nike • Amazon: Delivering packages with drones • Coke: Coping with declining soda consumption • Uber: Should we raise driver commissions? • Tesla: Direct sales model vs. car dealers • McDonalds: turning around the golden arches

Vendor	Start Date	End Date	Days	Sessions	Grades/Ages	Start Time	End Time	Fee
SPARK Business Academy	4/10/2019	5/29/2019	W	7	Grades: 6 - 8	3:05 PM	4:05 PM	\$217.00

Yoga & Mindfulness (Grades: 6 - 8)

Yoga is a powerful tool for children of all ages to help develop focus, patience, physical strength, and other character-building skills. We offer a curriculum that is adapted for each age group and is a fun and effective way to channel creativity, learning, and mindfulness. Kids at the elementary school level are taught traditional hatha and non-traditional yoga poses through stories, games, partner exercises, arts/crafts, music, and songs. Each class incorporates breathing techniques, movement, and relaxation.

Vendor	Start Date	End Date	Days	Sessions	Grades/Ages	Start Time	End Time	Fee
Breathing Space	4/10/2019	5/29/2019	W	7	Grades: 6 - 8	3:05 PM	4:05 PM	\$139.00

Pottery for Kids (Grades: 6 - 8)

Pottery Around the World : Where Art History and Pottery meet Jimmy Potters Workshop is an exciting and unique ceramic after school program designed to provide children with the experience of an actual professional pottery studio in a mobile setting. Students will learn and gain new knowledge about cultures around the world while creating beautiful projects inspired by that country. From Russian fabrege eggs to Japanese cherry blossom plates are some of the projects students will create through clay building & pottery painting. Children will travel the world one masterpiece at a time. The projects are fun and creative and will be taught by our accomplished artist/teachers. No prior ceramics or clay experience is required. More challenging work will be assigned to students with previous experience.

Vendor	Start Date	End Date	Days	Sessions	Grades/Ages	Start Time	End Time	Fee
Jimmy Potters Studio	4/4/2019	5/30/2019	Th	8	Grades: 6 - 8	3:05 PM	4:05 PM	\$236.00

Run Club (Grades: 6 - 8)

Get up and Get running with Overtime Athletics! Love running? or just love being active, but not interested in traditional ball sports? Then this program is for you! Build endurance and cardiovascular health through our individually paced run club. Our curriculum is built to help kids of any fitness level to improve their fitness, while boosting self-esteem and making new friends!

Vendor	Start Date	End Date	Days	Sessions	Grades/Ages	Start Time	End Time	Fee
Overtime Athletics Montgomery County	4/4/2019	5/30/2019	Th	8	Grades: 6 - 8	3:05 PM	4:05 PM	\$118.00